



# **JET BLAST**

## *186th Air Refueling Wing*

### *Key Field Air National Guard*

### **COMMAND CORNER**

**“On behalf of Col Evans, I want to welcome you to August UTA. This is one of the most challenging training environments that I have ever seen. Please continue to practice social distance and wear a mask when you can’t! If you do this, we will be successful in meeting the needs of our state and nation. Have a great weekend.”**

**-CMSgt Ron Arthur,  
Command Chief Master Sergeant, 186th ARW**

### **AUGUST UTA SCHEDULE**

**Sat:**  
 0830 Roll Call  
 0830-1100- Unit Training, Medical Appointments, etc  
 1130- Lunch (Individual pickup)  
 1500- Col Tommy Howard Retirement AOG  
 1700- Roll Call

**Sun:**  
 0700- Roll Call  
 0700-1100 Unit Training, Medical Appointments, etc  
 1100- Lunch (Individual Pickup)  
 1530- Roll Call

### **UTA LUNCH MENU**

**Due to COVID-19, we will be serving box lunches this drill. Individuals need to pick up their own lunch at the DFAC loading dock . If you have any questions, please contact MSgt Kevin Fisher @ 484-9824**

## **186TH NEWS**

### **Message from the new 186th ARW Sexual Assault Response Coordinator!**

**Hello and Guten Tag Key Field family,**

My name is Diana Shields, and I am honored and excited to be able to serve as your wing SARC! Although new to the National Guard, serving military members and their families has been a substantial part of my personal and professional history. From my previous position as a Navy SARC, to being a military spouse and former Air Force Reserve member myself, my commitment to serving those who serve continues on. Growing up in a cosmopolitan European city exposed me to great diversity, which I have found to be a very positive and helpful influence within my development, especially as it pertains to cultural, gender, and other sensitivities. My professional and educational background further allowed me to obtain greater insight into destructive behaviors, the effects of violence and trauma, and how such can impact the individual, their family members, and mission readiness. I am in the home stretch of completing my Doctor of Clinical Psychology program and generally strive to follow a holistic approach to life. I am looking forward to assisting you in all things SAPR and beyond!



**-Mrs. Diana Shields, 186th ARW SARC**

**601-484-9464**

## **PROMOTIONS**

### **MASTER SERGEANT**

**Jack A. Leeper**  
**Steven S. Lewis**  
**Emily A. Lovings**  
**Arthur T. Elliott**  
**Justin R. Hall**

### **TECHNICAL SERGEANT**

**Carson O. Holloway**

### **STAFF SERGEANT**

**Jeremy L. Harper**  
**Jeremy O. Powe**  
**Michael C. Rozek**

### **SENIOR AIRMAN**

**Armand J. Behroozfard**  
**Philippe A. Ducksworth**  
**Dylan C. Fleming**  
**Joshua V. Lyons**  
**Jomayo D. Sanford**  
**Kyle R. Stockstill**  
**Cortez R. Willis**

## **ENLISTMENTS**

**A1C Colby Allen**  
**SSgt Michael Arrington**  
**Capt Samuel Cripps**  
**2Lt Shadrack White**  
**Amn Jeremy Thomas**  
**SSgt Ryan Howard**

**A1C Christian Gachuz-Dutton**  
**A1C Joseph McMullan**  
**A1C William Rushing**  
**A1C Ayla McCary**

## **RETIREMENTS**

**CMSgt Steven G. Felton**  
**186th MXS 39+ Years**

**Col Tommy Howard**  
**186th AOG 31+ Years**

## **AIRMAN FAMILY READINESS**

### Upcoming Events

- ♦ August 13 - Carlisle Barracks Virtual Hiring Fair
- ♦ For a full calendar of Hiring our Heroes Events/virtual workshops please go to: <https://events.hiringourheroes.org/c/calendar/a7a5b351-8807-4343-8561-c757c022600f>

For more information please contact Mr. Cody Perkins.

601-484-9623

preston.c.perkins.civ@mail.mil

## **WING RESOURCES**

### **WING HRA**

CMSgt Nina Trotter  
601-484-9754

### **WING EEO**

Capt Denitra Hicks  
601-484-9638

### **WING SARC**

Mrs Diana Shields  
601-484-9896

### **ESGR**

ESGR coordinator  
Mrs Jackie Sharp  
601-484-9500

### **WING IG COMPLAINTS**

Lt Col Joseph Scroggins  
601-484-9441

### **WING JAG**

Lt Col Dennis DeBar  
601-484-9311

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Click [www.SafeHelpline.org](http://www.SafeHelpline.org)  
Call 877-995-5247  
Text\* 55-247 (INSIDE THE U.S.)  
202-470-5546 (OUTSIDE THE U.S.)

\*Text your location for the nearest support resources

# WDPH TIP OF THE MONTH

## AUGUST TIP OF THE MONTH

To All Airmen:

From the Desk of Patricia W. Everette

Wing Director of Psychological Health (WDPH)

Building 710, Room 157, 601-484-9528

[patricia.w.everette.civ@mail.mil](mailto:patricia.w.everette.civ@mail.mil)

## TIPS FOR REDUCING STRESS

As we continue to deal with COVID-19 and other challenges, feeling an increase in your stress level may become more prevalent, especially for some more than others; so let's pause and take a moment to explore STRESS.

**\*\*WHAT IS STRESS?** Stress is sometimes referred to as the "pressure" or "tension" you feel when faced with a situation that's new, unpleasant or threatening.

**\*\*Stress is a fact of life.** It affects everyone. Some stress is actually helpful because it can spur you to meet life's challenges. However, too much stress can cause problems and can affect your mental and physical health which sometimes result in damage to relationships with family, friends, and even co-workers (Fellow Airman).

**If stress becomes too overwhelming, just know there are resources available to assist you. Please don't hesitate to reach out to your WDPH!**

**Be well and keep safe!**

## WING FINANCIAL TIPS

Get info on:

- 6 New TSP Lifecycle Funds: L2025, L2035, L2045, L2055, L2060, L2065
- Traditional TSP, Roth IRA or both? (pretax vs after tax)
- Building or rebuilding your credit score (top credit score is 850)
- Develop a spending plan (Budgeting is foundation)
- Build or rebuild your savings (Saving is key)

An effective debt reduction plan (High interest debt is menacing)

**FOR MORE INFORMATION CONTACT:**

Sonja Mathis, AFC®

Meridian, MS, National Guard

Personal Financial Counselor(PFC)

Phone: 601.331.3734

E-mail: [PFC1.MS.NG@zeiders.com](mailto:PFC1.MS.NG@zeiders.com)

## **CHAPLAIN'S COLUMN**

### Restoration

The KC-135R Model Stratotanker has the ability to carry 203,000 lbs. of jet fuel and transfer this fuel while in flight to other combat aircraft. The KC-135 was built in the late 50's and early 60's and requires regular inspections. Currently, every airframe requires a 12 month inspection and a 24 month inspection. This meticulous process entails the removal of all panels and x-raying the frame of the aircraft for stress fractures. This requires Airmen to evaluate every nook and cranny of the aircraft over a twenty to forty day period. Every five years, the KC-135 also requires a depot inspection and restoration. During this process, the plane is sent to Tinker Air Force Base for complete engine removal and frame restoration.

Are you tired and in need of restoring? We need depot level restoration don't we? Look at what God told Isaiah in Isaiah 40:28-31, "Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and to him who has no might he increases strength. Even youths shall faint and be weary, and young men shall fall exhausted; but they who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint."

Also Jesus said in Matthew 11:28-30, "Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

Have you done a major inspection on your life? Are you in need of restoration? We all need restoration! Genesis chapter 3 shows the downfall of mankind. As a result of the sin of man, our need for redeeming restoration is critical. Find restoration in Jesus! He can restore you completely! Ask Him to refurbish you today. Find strength in Him.

- Chaplain Major Shane Moore

# RECRUITING AND RETENTION

## Meet the 186th ARW Recruiting Team!

Follow us on Facebook!

[@MSANGRECRUITING](https://www.facebook.com/MSANGRECRUITING)

### MSgt Chad Stout:

Cell: 601-480-5578

Office: 601-484-9569

### SSgt Jake Hoover

Cell: 601-479-3203

Office: 601-484-9826

### MSgt Chase Slaughter:

Cell: 601-616-8425

Office: 601-484-9787

### SrA Bo Wilcher:

Cell: 601-685-9010

Office: 601-484-9786

### TSgt David Fernandez-Cruz:

Cell: 601-317-6092

Office: 601-484-9886

### MSgt Ira Hamilton:

Cell: 601-678-7040

Office: 601-484-9786

# BASE TRAINING AND EDUCATION

For MOST ALL of your Training Questions, go to the "Training Guide" located on the Base Public Drive in the Base Training folder.

## Base Training Testing Schedule:

CDC, PME, and AFCT (ASVAB)

Tuesdays & Thursdays at 0900 hours

UTA Saturdays at 1300 hours

UTA Sundays at 1300 hours

\*CDCs -must have CDSAR print-out from UTM to test.

\*PMEs- must order test from AU before testing.

Base training office: 484-9628 or 484-9616

**\*The new NCOA DLC is HERE. This is a self-enrollment course. Please see Base Training for any questions and enrollment instructions.**

# PME

*Professional military education*



## **OCP UNIFORM PICKUP**

**\*For information regarding clothing issue or pickup of OCP items, please contact TSgt Shelby Alphin at 601-484-9243**

**For issues or comments regarding Jet Blast, please contact the POCs listed below:**

**TSgt Adam Vance - 601-484-9422**

**Lt Col Jason McElhenney - 601-484-9803**

186TH AIR REFUELING WING